

WHAT ELSE CAN I DO FOR LIFE?

(Above all, PRAY!)

St Olaf Pro-Life Committee. Help with many other local pro-life activities throughout the year.
Call (360) 297-2186 to receive email updates on current and planned activities.



January. Stand up for legal protection of the unborn at the annual **March For Life** in Olympia, near the anniversary of the Roe v Wade & Doe v Bolton Supreme Court decisions which legalized abortion. Or go to the **Walk for Life West Coast** in San Francisco or **March for Life** in Washington DC.

(www.washingtonmarchforlife.org,
www.walkforlifewc.com, www.marchforlife.org)



July. Participate in the **4US** event in Tacoma: a Run/Walk for Life, bicycle Ride for Life, and Family Fun Day raising funds to buy ultrasound machines for pregnancy resource centers. When a woman considering abortion sees her baby on ultrasound, she chooses life over 95% of the time!

(www.4US.org)



October. Come to the annual **Life Chain** in Silverdale and join others lining the street for a few hours holding simple pro-life signs (provided). (www.lifechain.net)



October is Respect Life month. Join St Olaf parishioners and others the last Saturday of the month to pray the rosary for life in Kingston.



Come stand in prayerful vigil at the Bremerton Planned Parenthood, any Wednesday (abortion day). This local **Wednesdays for Life** is an outgrowth of the twice yearly **40 Days for Life** where people around the world fast and pray to end abortion while maintaining a peaceful vigil outside abortion facilities. (Call 360-697-3913 for information.)



Publicize the Archdiocesan **Gabriel Project** which offers one-on-one support to any pregnant woman needing help. (1-888-926-ANGEL, www.seattlearchdiocese.org/cff/cst/gabriel.aspx)



Support the local crisis pregnancy center: **Pregnancy Resource Services** in Bremerton . This wholly-volunteer office provides resources of many kinds to women during and following pregnancy. (360-479-0243, www.prskitsap.org)



Encourage anyone (woman or man) suffering as a result of an abortion to contact **Project Rachel** (1-800-822-HOPE) and **Rachel's Vineyard Retreats** for help in healing with others who've 'been there' and are working through the same suffering. (www.hopeafterabortion.com, www.rachelsvineyard.org/)



Want to save lives by making abortion impossible to ignore or trivialize, consider the **Anti-Choice Project**, who stand in a public area with pictures of what "CHOICE" really is: aborted babies. (www.antichoiceproject.com)



If you or a loved one needs in home care, be sure it is from a pro-life perspective. Franciscan Health System is now providing hospice care in Kitsap County (www.fhshealth.org/Health-Care-Services/Hospice-and-Palliative-Care/).